

WAIVER OF LIABILITY – KUNDALINI YOGA

EACH PARTICIPANT IS REQUIRED TO SUBMIT A SIGNED WAIVER PRIOR TO PARTICIPATING. IF REGISTERING FOR THE CONFERENCE BY MAIL, PLEASE RETURN WAIVER WITH YOUR REGISTRATION. OTHERWISE, PLEASE BRING WAIVER TO CLASS, OR WAIVERS WILL BE PROVIDED.

AGREEMENT - The participant’s signature below confirms that they read this agreement, understood it, and agree to it.

- The opinions, services and instruction being offered to me by Elizabeth L. Bradley as part of the 2009 National Conference of the Associated Alumna/Alumnae of the Sacred Heart are NOT medical advice, consultation, therapy or treatment, nor does it include any other medical, mental, physical or spiritual diagnosis. I understand that the educational services and instruction provided by the instructor is not intended to be in place of or in lieu of any medical advice or treatment that I may require for any cause whatsoever, now or in the future.
- No representations or statements that have been made to me in regards to the services or instruction that may be provided and NO GUARANTEE has been made to me in regards to expected results or a cure of any kind or for any medical condition, nor are any of the instructors considered or trained as such therapists.
- It is my responsibility to consult with a physician prior to and regarding my participation in the individual / group classes / workshops offered. I represent and warrant that I am physically fit and have no medical or mental condition which would prevent my full participation in classes, workshops, or instruction.
- Yoga requires physical exertion which may be strenuous and I specifically agree that Elizabeth L. Bradley, the 2009 National Conference of the Associated Alumnae/Alumni of the Sacred Heart, the Associated Alumnae/Alumni of the Sacred Heart, The OMNI Hotel, and any or all subordinate or affiliated people or organizations (collectively referred to as the “Releasees”) shall not be liable for any claim, demand, cause of any action of any kind, whatsoever for, on account of death, personal injury, property damage or loss of any kind resulting from or related to participant’s use of the facilities or participation in any sport, exercise, yoga, or activity within or without the facility premises.
- Engagement in any and all physical movement, exercises, or yoga is done at my own risk. I assume all risk and full responsibility of injury, illness, damage or loss to my person or property that might result.

I, my heirs or legal representatives forever agree to release and discharge the Releasees and their assigns from any and all claims or causes of action known or unknown arising out of any act or negligence arising from my participation in their courses. I acknowledge that I have read this AGREEMENT and fully understand its contents.

Participant’s Printed Name

Date

Participant’s Signature